

The School District of the City of Erie

Student Assistance Program

References to Services Provided

The Student Assistance Program is provided to assist students in overcoming any barriers to learning that they may face. The following information is a reference that briefly explains the services provided by the Student Assistance Program. When completing the parent/student permission form, please refer to this guideline. There are various services offered and indicating the services requested is a requirement. This will serve as an explanation of the services that are offered.

1. **Request for SAP team consultation/information gathering** – this particular service involves retrieving information about a student from his/her teachers, counselors, nurse, administrators, coaches and probation officer. This allows for a large picture of the student's behaviors, peer interactions and academic studies to be explored. This process enables the student assistance team to have a focus.
2. **Support and intervention with school and student services staff** – these services involve conducting brief interventions and/or counseling, group support, behavior management training and mediations.
3. **Mental health assessment and individual support** – these services may include completing a psychosocial assessment in which information is gathered regarding areas of concern from both parents/guardians and the child. If further interventions are needed, beyond what can be provided at school, the child could be referred to an outside agency to address his/her needs. Parent permission/consent is required to complete this process.
4. **Drug and alcohol assessment and counseling** – the Student Assistance Program partners with Pyramid regarding this particular area. An individual assessment can be completed and recommendations will result. In school or out of school counseling may be suggested upon completion of the assessment.
5. **Group support** – a student may participate in group counseling in areas such as anger management, self-esteem, social skills, grief, transition and other groups that are appropriate for a student's particular needs. This is situational and pending the population of students meeting the need for group.
6. **Parent/Guardian consultation only** – the student's parent/guardian can request to set up a meeting with a SAP team member should situations arise that requires consultation. This may be conducted in person or by phone, whichever is most appropriate.
7. **SAP participation is declined** – the parent/guardian does not give his/her permission for the Student Assistance Program to assist in meeting the child's needs. A parent/guardian can change his/her mind at any time and contact the school.

Note:

- The Student Assistance Program recommends all parents/guardians check the service labeled "Request for SAP team consultation/information gathering".
- All SAP services are voluntary, confidential and free of charge.
- Parent participation is welcome and encouraged in all SAP services.